

## **Club 55 Senior Center**

By Carol Burrows Club 55 Correspondent

How can it be the middle of May when it seems that it just started? After so many months of restricting our group activities it is nice to be able to get out and enjoy some socialization. The Farmer's Market has started, folks are using Commons Park to gather and feeling like they are seeing the 'light at the end of the tunnel'. More people have had their COVID vaccine and feel better about getting back to some sense of what used to be.

I enjoy having my windows open and hearing the birds that come to my backyard feeder. Each year I try to stay ahead of the squirrels by using a feeder that is supposed to be 'squirrel proof' so that all the seed does not end up on the ground beneath the feeder. This year I finally bought a baffle...a cone-like metal upside funnel looking device to attach to my pole. The young man at ACE had to get the ladder to get the one displayed on the very top shelf for me. I was so pleased with myself as I got out of the car when I arrived home because I had put off buying one. My feeling of success was short-lived as I walked to the feeder and realized that the baffle was meant for a bird feeder pole not a clothesline pole which was much larger in diameter...don't know how I missed that detail! Always thankful for plan B and a grandson who can fix what I mess up.

Our bingo this Wednesday, May 19, 1-2:30 is sponsored by Trinity Pines. Come and spend a couple of hours enjoying the fun. We meet in the gym at RLAC so we can socially distance. We have the cards and chips, but some people like to bring their own buttons, coins, or daubers to use as markers. There is no charge to play.

There is also no charge to participate in Club 55 or the activities that we sponsor. Join our exercise group on Tuesdays and Thursdays at 10am for a great strength and stretch workout emphasizing balance and building core strength. Our instructor, Diane, taught at the Fitchburg Senior Center for over 30 years and makes the half hour go quickly with her fun approach. As the weather improves we will meet outdoors at RLAC to enjoy the fresh air and possible not need a mask.

Club 55 is open from 10-12 on M, T, and Th, and from 10-3 on Wednesdays. We are ready to return to longer hours if you are ready. Call 920-728-2176 and let us know. We have groups of folks that love playing cards, dominoes, and doing puzzles and board games. Please let us know if you are ready to return to some of the programs you miss.

The Bia Food Company meal for May 26 is Quiche Lorraine (bacon and cheddar quiche), roasted potatoes. Fresh fruit salad, dessert. You may go to the website and order. Meals are delivered completely prepared and ready to be reheated. Pick up is at Club 55 on Wednesday at 2:30. The website is <https://www.lakemills.k12.wi.us/recreation/bia-meal-program.cfm> Your order must be made by Friday of the week before the meal you choose so Jason and Beth know how much to shop for .

Just a reminder that Foot Care with Deb in June will be on a Thursday to accommodate her schedule. Mark your calendars for Thursday, June 10. We will be back to Wednesdays in July...the 10<sup>th</sup>.

We were so pleased when Mary Ann Jackson contacted us and asked if we thought that a discussion about 'Maximizing the Potential of your yard' would be of interest for folks. She wanted it to be a discussion and not a lecture. If you have something that you would like to share with others...a hobby, collection or other topic, please think about letting us know and bring it to Club 55. You might be amazed that others would enjoy knowing and sharing it also. You might have a craft or recipe that you would like to pass on to others and we have the audience that would love to hear about it.

I attended the Scholarship and Awards program at Lake Mills High School Sunday night and was impressed with the students in attendance. I think our future is in good hands. It has been 60 years since our LMHS Class of 61 exited the doorways of the old high school. These young people will certainly see an expanded world of technology and discoveries that we would not even dream of...but hopefully will never lose contact with the friendships made during those teen years...priceless!